



*Spend time with Rose in the beautiful desert resort area of Palm Desert, California!*

\* \* \*

I'd like to invite you to enjoy an extended time of private, personal coaching. Complete the pre-retreat questionnaire and I will create a special weekend retreat *just for you*.

Spend time in my home, get my undivided attention, generous and compassionate listening, and practical coaching. The format is not a typical Ignatian retreat format but is deeply rooted in the Ignatian principles of making a correct choice in life. You'll leave with (1) answers that MAKE SENSE and that reflect the values of our Catholic faith, and (2) a clear-cut action plan to see the big picture, address nagging problems, discern or strengthen relationships, and be on your way with some new coaching tools in your belt. Further instructions follow....see you soon!

*Rose Sweet*

## **When is it?**

You pick the weekend based on availability; you'll email Rose to coordinate dates.

## **Where is it?**

Located in the *Suncrest County Club* at 73450 Country Club Drive (SpC 203) Palm Desert CA 92260. Rose's cozy desert home is on a greenbelt with outdoor patio and mountain views.

## **Where will I stay?**

Included is:

TWO NIGHTS at a local Marriott Courtyard/ Holiday Inn Express quality (depending on availability). Rose will provide transportation to and from your hotel Friday night to the end of your time with her. From the Palm Springs airport (PSP) it is about a 20-25 minute ride and \$30 ride fare.

## **What will I eat?**

Included is:

DINNER and cocktails Friday evening.  
BBREAKFAST at hotel.  
Nespresso coffee during the day  
Cold bottled water

LUNCH on Saturday  
Unsweetened iced tea  
Snacks throughout the day  
Dinner Saturday on your own

## What else do I get?

An autographed copy of one of Rose's books  
Folder with paper and writing materials  
Frameable memento of Our Blessed Mother  
Time for breaks or a walk

## What do I wear?

Casual and comfortable. Summers are warm to very hot; winters are cool to cold in the evenings. Friday night dinner will be at a local restaurant (Covid permitting). **NO MASKS REQUIRED**

## To prepare

Complete the confidential questionnaire and email it back (cut and paste) at least 5 days before your time together.

## Ready to book?

**\$ 1000.00** – Mail a check to: 73450 Country Club Drive #203 Palm Desert CA 92260

**\$ 1030.00** – Pay directly online via PayPal (credit cards accepted) includes processing fee

Email Rose ([rose@rosesweet.com](mailto:rose@rosesweet.com)) with:

- (1) Your name, address, CELL PHONE, and email
- (2) two or three preferred weekend dates.
- (3) the completed questionnaire (see attached) or no later than 5 days prior to event

## Weekend retreat

Friday	Begin 6 pm, reception, DINNER, COCKTAILS
Saturday	Begin 9:00 am – 5:00 pm includes coffee, water, tea FULL LUNCH, snacks
Saturday pm	Dinner on your own
Sunday	Sleep in and fly home or stay another day and relax

## How do I get there?

If I can pick you up, I will; otherwise Palm Springs International airport is 20-25 minutes via cab or Uber.

Code: **PSP**

Follow GPS; Suncrest Country Club, Palm Desert

Gate Code (after 4 pm): 203#

*See you soon!*

## Pre-retreat Questionnaire

\* \* \*

By your completing this pre-retreat/ consult questionnaire, Rose creates a special time just for you. Please email back (*as a word document or cut and paste into your email*) prior to your time together.

**This remains completely confidential.**

- \* Answer any or all questions.
- \* Add anything not listed.
- \* Use as much space as you need

**What are your greatest desires?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

In your home or workplace

Other

**What are your greatest struggles?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

In your home or workplace

Other

**What are your greatest fears?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

Other

**What are your greatest regrets or shame?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

Other

**What are your greatest sorrows?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

Other

**What habits would you like to break/ virtues you'd like to develop?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

Other

**What do you want for the future?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

In your home or workplace

Other

**Where are your happy places?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

In your home or workplace

Other

**What do you do for fun and relaxing?**

**Who are your patron saints?**

**How do you best connect with God?**

**How much quiet/ private time would you like during your stay?**

**WHAT DO YOU MOST HOPE TO GET FROM OUR TIME TOGETHER?**