



*Spend time with Rose in the beautiful desert resort area of Palm Desert, California!*

\* \* \*

Enjoy an extended time of private, personal coaching. Complete the pre-retreat questionnaire and Rose creates a special day or weekend retreat just for you. Spend time in her home, get her undivided attention, generous and compassionate listening, practical coaching (*rooted in the principles of Ignatian discernment*), and lots of love. You'll leave with ( 1 ) answers that MAKE SENSE and that reflect the values of our Catholic faith, and ( 2 ) a clear-cut action plan to see the big picture, address nagging problems, "declutter" your life, and find greater happiness. These are just some of the areas you can address: *at home, in your relationships, at work, with money, in your faith:*

### **When is it?**

You pick the weekend based on availability; you'll email Rose to coordinate dates.

### **Where is it?**

Located in the *Suncrest County Club* at 73450 Country Club Drive (Spc 203) Palm Desert CA 92260. Rose's cozy desert home is on a greenbelt with outdoor patio and mountain views. This is where Rose will greet you with a welcome cocktail/wine & cheese reception, and where you will work the following day. Snacks, drinks, and materials all included.

### **Where will I Stay?**

Included is either one of two nights (Day or Weekend retreat) at the Marriott Courtyard Hotel 74895 Frank Sinatra Dr, Palm Desert, CA. Rose will provide transportation to and from your hotel Friday night to the end of your time with her. From the Palm Springs airport (PSP) it is about a 20-25 minute ride and \$30 ride fare.

### **What to Wear**

Casual and comfortable. Summers are warm to very hot; winters are cool to cold in the evenings. For full weekend retreat, Saturday night dinner will be at a local restaurant (Covid permitting). **NO MASKS REQUIRED**

### **To prepare**

Complete the confidential questionnaire and email it back (cut and paste) at least 5 days before your time together.

## Ready to Book?

Email Rose ([rose@rosesweet.com](mailto:rose@rosesweet.com)) with:

- (1) Your name, address, CELL PHONE, and email
- (2) two or three preferred weekend dates.
- (3) the completed questionnaire (see attached) or no later than 5 days prior to event

### Day Retreat                      \$500

Friday                      Arrive 6 pm; reception and cocktails/ light refreshments  
Saturday                      Begin 9:00 am – 4:00 pm includes light breakfast, full lunch, & afternoon snacks

### Weekend Retreat                      \$750

Friday                      Arrive 6 pm; reception and cocktails/light refreshments  
Saturday                      Begin 9:00 am – 6:00 pm includes light breakfast, full lunch, & afternoon snacks  
Saturday pm                      *Cocktails and celebratory dinner*  
Sunday                      Sleep in and fly home or stay another day and relax

## How do I Pay?

After confirming the date(s) with Rose, you'll get an invoice from PAYPAL which is safe, secure, and draws from your bank account or credit card.

You may also mail a check to:

Rose Sweet 73450 Country Club Drive Sp 203 Palm Desert CA 92260

The weekend date(s) will only be secured with full payment in advance. If someone else requests the date, you'll be contacted for first rights of refusal. The fee is non-refundable but if you have to cancel, you may reschedule per our mutual availability.

## How do I get there?

Palm Springs International airport is 20-25 minutes via cab or Uber.    Code: **PSP**  
Follow GPS; Suncrest Country Club Gate Code (after 4 pm): 203#

**See you soon!**

## Pre-retreat Questionnaire

\* \* \*

By your completing this pre-retreat/ consult questionnaire, Rose creates a special time just for you. Please email back (*as a word document or cut and paste into your email*) prior to your time together.

**This remains completely confidential.**

\* Answer any or all questions.

\* Add anything not listed.

\* Use as much space as you need

**What are your greatest desires?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

In your home or workplace

Other

**What are your greatest struggles?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

In your home or workplace

Other

**What are your greatest fears?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

Other

**What are your greatest regrets or shame?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

Other

**What are your greatest sorrows?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

Other

**What habits would you like to break/ virtues you'd like to develop?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

Other

**What do you want for the future?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

In your home or workplace

Other

**Where are your happy places?**

With God

In specific relationships

Mentally or emotionally

Financially

Socially

Business

Physically

In your home or workplace

Other

**What do you do for fun and relaxing?**

**Who are your patron saints?**

**How do you best connect with God?**

**How much quiet/ private time would you like during your stay?**

**WHAT DO YOU MOST HOPE TO GET FROM OUR TIME TOGETHER?**